



## **Venus White Pro**

### **Whitening Gel Application Instructions**

**\*IMPORTANT:** Please read before using Teeth Whitening Gel

#### **WAIT ONE WEEK AFTER BRACES ARE REMOVED BEFORE STARTING!**

- Waiting one week will ensure that your gums have time to heal from inflammation.
- Teeth Whitening (bleaching) gel will only whiten Natural Teeth. It will not whiten crowns, bridges or fillings of any kind.
- Results may vary as teeth whiteners DO NOT work on certain tooth stains or white spots.
- In the event that you have existing white spots on your teeth, whitening them will only brighten the spots.
- You may also noticed spots you have not seen before, as the staining of your teeth often disguises hyper calcification. These spots will fade over time. Be sure to whiten at least 2 weeks before a special event to prevent this.

(Note: Whitening **WILL NOT** blend any existing white spots to match your natural tooth color).

*It is important to consult with your dentist if you have concerns about any existing stains or white spots on your teeth before using this product.*

#### **Whitening Gel Application Steps:**

1. Brush and floss teeth. Venus White Pro is most effective on clean teeth.
2. Make sure trays are clean and dry prior to applying Venus White Pro.
3. Remove syringe from case and snap tip cover from the end.
4. To load the tray with Venus White Pro, depress the plunger and fill each tooth in the trays with a small dot of gel in the front 8 teeth.
5. Place tray over your teeth then lightly press on the front of the tray to help move the gel into place.  
**WIPE EXCESS GEL, WHICH SEEPS OVER THE EDGE OF THE TRAY.**
6. Wear tray for 30-45 Minutes. **Do Not** wear bleaching trays for longer than 1 Hour.  
**(NOTE: Sensitivity of your teeth to cold/hot food or beverages MAY occur, discontinue bleaching use for 24 hours if this happens).**
7. After whitening, remove the tray and rinse your teeth. Brush away any remaining gel.
8. Clean bleaching trays with a toothbrush and cold water.
9. Store trays in tray holder and gel in a cool dry place away from heat and direct sunlight.

#### **DO NOT USE:**

If you are pregnant, breastfeeding, use tobacco products, or eat while wearing bleaching trays.

#### **WARNINGS:**

- Keep product away from children.
- If irritation (such as redness, swelling, soreness) of the gums or the mouth occurs, discontinue use and consult your orthodontist. Products containing peroxides are not recommended for use by children under 12 years of age.
- Using this product for a period of longer than 14 days is not recommended.
- Avoid contact of the product with the eye.