



## RETAINER INFORMATION



Now that your braces are being removed, you are beginning the retention period of orthodontic care. If the retainers are not worn as instructed by Dr. Waters, the chance of relapse is significant. If this occurs may be necessary to replace the retainer, use different kind of retainer or even put braces back on your teeth. This is not included in your original fees, and can be avoided with proper retainer wear and care.

### IMPORTANT REMINDERS

- Return to your family dentist for an examination and cleaning.  
Brush and floss thoroughly every day to protect your teeth.
- Always keep your retainers in a case, if not in your mouth.  
Never wrap them in a napkin or put them in your pocket.
- Brush the retainer twice a day. Use Retainer Brite or (Denture Cleaner), once a week...or as needed.
- Do not "bite" them into place or flip them with your tongue.
- Keep your retainer away from your dogs or other pets - They love to chew on them!
- **BRING YOUR RETAINERS TO ALL FOLLOW-UP APPOINTMENTS** and inform us of any problems that you may be having with them!!

We are providing you one set of retainers. If the retainer is lost or broken, it is imperative that you have it repaired or replaced immediately. Please call our office to schedule an appointment for a replacement.

***\*Please Note that if your retainer is lost or broken, the lab will charge a fee for replacement!  
The current charge is a **MINIMUM of \$100 per retainer.**  
Total payment is due at your impression appointment.***

We thank you for your cooperation and assistance during the course of your active treatment. We hope this result will be an asset to you both psychologically and emotionally for the rest of your life. We appreciate your participation in retainer wear after removal of your braces. It has been a pleasure serving you and your NEW smile!